

TITLE

FOOD SUPPLEMENT FORMULATION

FIELD OF THE INVENTION

5 The present invention relates generally to a food
supplement formulation. More particularly, the
invention is directed to a food supplement formulation
containing omega-3 essential fatty acids which are
10 important for maintaining good health.

BACKGROUND OF THE INVENTION

 Natural compounds and herbal formulations can
provide a supplement to the daily human diet. Certain
15 compounds are useful to the human body, but are not
produced in substantial quantities thereby. Thus,
formulations made from natural products have been found
useful for supplementing the intake of these compounds
for the human diet.

20 It would be desirable to prepare a food supplement
formulation which may be taken in addition to the daily
human diet, which food supplement formulation may
promote good health.

25 SUMMARY OF THE INVENTION

 Accordant with the present invention, there
surprisingly has been discovered a food supplement
formulation, consisting essentially of:
flaxseed oil; and

lipase.

The food supplement formulation according to the present invention is useful as a dietary supplement.

5 DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENT

10 The present invention is directed to a food supplement formulation, consisting essentially of flaxseed oil and lipase. The inventive formulation may be mixed together in conventional mixing equipment, and thereafter inserted into dosage-sized gelatin capsules for oral administration.

15 Flaxseed oil is a well-known compound containing omega-3 and omega-6 essential fatty acids in the forms of alpha-linolenic acid and linoleic acid. The body converts these fatty acids into other important fatty acids, which are used by the body for the production of prostaglandins. Prostaglandins are then used by the body to maintain healthy cholesterol and blood fat levels, support healthy blood pressure levels, and protect the membranes that surround the body's nerves.

20 Flaxseed oil may be present in the inventive food supplement formulation at a concentration from about 97.0 weight percent to about 99.9 weight percent. Preferably, the concentration of flaxseed oil is about 25 99.5 weight percent.

Lipase is a well-known compound, consisting of enzymes that help the body's digestive system break down and digest fats, cellulose, carbohydrates, and proteins.

Lipase enzymes are produced by the body's liver and pancreas. In a substantial number of people, however, the production of lipase enzymes is deficient. Lipase may also be obtained from plants, and thereby used to

5 supplement the body's production.

Lipase may be present in the inventive food supplement formulation at a concentration from about 0.1 weight percent to about 3 weight percent. Preferably, the concentration of lipase is about 0.5 weight percent.

10 Flaxseed oil and lipase have been combined with other natural and herbal ingredients in prior art formulations, for generally promoting good health. It has now surprisingly been discovered that flaxseed oil and lipase alone synergistically work together to

15 promote series 3 prosteglandins, which are reportedly useful in reducing instances of stroke, heart attack, and certain inflammatory diseases.

The ingredients of the inventive food supplement formulation synergistically work together to improve

20 bodily functions such as, for example, cardiovascular function, joint flexibility, fat metabolism, nervous system and brain function, hormone production, and cell division.

Conveniently, the inventive food supplement

25 formulation may be taken orally at a dosage rate ranging from about 200 milligrams per day to about 2,000 milligrams per day. Preferably, the dosage rate is about 1,000 milligrams per day. The prescribed dosage

rates are effective to supplement the lack of important compounds required by the body to achieve and maintain good health.

- This invention is more easily comprehended by
- 5 reference to the specific embodiments recited hereinabove which are representative of the invention. It must be understood, however, that the specific embodiments are provided only for the purpose of illustration, and that the invention may be practiced
- 10 otherwise than as specifically illustrated without departing from its spirit and scope.